



## Veterans Health Administration

Office of Informatics and Analytics



# Do You See a Non-VA Health Care Provider?

VLER Health may benefit you! VLER Health is a program that shares certain parts of your Veteran's health record between the Department of Veterans Affairs (VA), the Department of Defense (DoD) and selected private health care providers over a secure network known as the eHealth Exchange (eHE). This program is **free** and voluntary for the Veteran.

**How might VLER Health benefit me?** Many Veterans receive a portion of their care from non-VA health care providers. Sharing certain parts of your electronic health record (EHR) will help reduce the need for patients and families to carry records between health care providers. It also will allow your private health care provider to make informed decisions about your care.

**What parts of the record will be shared?** Health care providers will see a list of health problems, allergies, medications, vital signs, immunizations, and some laboratory test results. While we cannot share the entire health record, more information will be shared as the program grows, including doctor's notes, discharge summaries, etc.

**How do I join?** Signing up is fast and easy. You may sign up in person, through the mail, or online.

**Online:** Simply visit <https://www.ebenefits.va.gov> and complete the following 4 steps: 1. Click on ACCESS MY DOCUMENTS at the top of the page 2. Scroll down to the Health section & click on MANAGE MY AUTHORIZATIONS AND PREFERENCES(VLER) 3. At the bottom of the page click on SHARE YOUR ELECTRONIC HEALTH Information WITH NON-VA HEALTH CARE PROVIDERS. 4. Highlighted on this page you will find the Authorization form, the "Stop Sharing" form and a list of participating VA Medical Centers.

**By Mail:** Download and fill out the VA Authorization (VA Form 10-0485), this form can be found on our internet site at <http://www.stcloud.va.gov/services/VLER.asp>

**Fax** to one of the following locations: St. Cloud VA Medical Center ROI Office (320) 255-6488

or **Mail** completed forms to: Release of Information 4801 Veterans Drive St. Cloud, MN 56303

**In Person:** Simply visit the Release of Information Offices (ROI) at the St. Cloud VA Health Care System. Fill out the VA Authorization (VA Form 10-0485) and turn it in to your local VA Medical Center Release of Information office.

**What if I decide not to join?** Participation is entirely voluntary. If you decide not to join VLER, we will not share your health information with private health care providers using the eHealth Exchange. This will not affect your benefits or your relationship with your doctor and/or the St Cloud VA Health Care System.

**What if I join and later change my mind?** If you change your mind, you can visit your St Cloud VA Health Care System website for a Revocation (stop sharing) form or call the toll-free VLER Health Information line at 1-877-771-VLER (8537) to request a form to stop sharing your health information.

Please visit our internet site at <http://www.stcloud.va.gov/services/VLER.asp> to download forms and learn more about VLER.